



BC CONNECT GROUP STUDY FOR WEEK 28/6/20

RETURNING FROM THE DISRUPTION OF EXILE PART 3

As always, the following questions are discussion starters to the topic of faith. Feel free to explore what faith is as you begin your discussion.

Bible Reading: Psalm 100 & Jeremiah 31:3

¹ Shout with joy to the LORD, all the earth! ² Worship the LORD with gladness. Come before him, singing with joy. ³ Acknowledge that the LORD is God! He made us, and we are his. We are his people, the sheep of his pasture. ⁴ Enter his gates with thanksgiving; go into his courts with praise. Give thanks to him and praise his name. ⁵ For the LORD is good. His unfailing love continues forever, and his faithfulness continues to each generation.

The Lord appeared to us in the past, saying: 'I have loved you with an everlasting love; I have drawn you with unfailing kindness.'

Psalm 100 is a joyful/happy Psalm

- 1) **What brings joy or happiness to you?**
- 2) **What do you understand 'the joy of our salvation' to mean?**

The hundredth Psalm has a title, 'a Psalm of praise' or 'of thanksgiving'. These descriptions are fitting. There is not a single mournful note in the composition. God is praised from the beginning to the end, and all the earth is called upon to join in blessing and thanking him. It has been suggested that it was probably written to be chanted by a festive procession as it approached and entered the temple.

- 3) **As we at least begin to contemplate a return to face to face worship. How does this Psalm set an example for how we should re-enter our building?**

In psychology, an attitude refers to a set of emotions, beliefs, and behaviours toward a particular object, person, thing or event.

4) How does our attitude become important in joyfulness/happiness?

5) Can we choose our attitude?

Philippians 2:5 reads, 'You must have the same attitude that Christ Jesus had.'

6) How does this look in real life/time?

Prayer:

Lord, free me from the temptation towards a poor attitude. Work in my heart and mind to transform my thinking from negative to positive — despite the struggles I face.

Fill me with a joy that can only come from You.

In Jesus' Name, Amen.